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# FREE BODY SF, LLC

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## **CONFIDENTIAL PATIENT INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Referred by: \_\_\_\_\_

Work Status: Employed \_\_\_\_\_ Retired \_\_\_\_\_ Disabled \_\_\_\_\_ Student \_\_\_\_\_

Marital Status: Married \_\_\_\_\_ Single \_\_\_\_\_ Divorced \_\_\_\_\_ Widow \_\_\_\_\_

Primary reason for seeking physical therapy:

\_\_\_\_\_  
\_\_\_\_\_

I understand and agree that health insurance policies are an arrangement between an insurance carrier and myself. The practitioners at Free Body SF, LLC do not participate in any HMO/PPO insurance organizations. I understand that Free Body SF, LLC will assist me in making collection from the insurance company by providing an invoice for treatment. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment at the time of service.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature Authorizing Care: \_\_\_\_\_ Date: \_\_\_\_\_

IN CASE OF EMERGENCY PLEASE CONTACT:

Name: \_\_\_\_\_ Phone/Mobile: \_\_\_\_\_ Work: \_\_\_\_\_

**Please list your major complaints in order of severity:**

**Complaint #1:** When did you first notice this condition? \_\_\_\_\_

Was the onset of symptoms immediate or gradual? \_\_\_\_\_

Are your symptoms constant or intermittent? \_\_\_\_\_

Is this condition worsening, improving, or unchanging? \_\_\_\_\_

Are your symptoms severe, moderate or mild? \_\_\_\_\_

Is your pain dull, sharp, burning, aching, knife-like, throbbing? \_\_\_\_\_

Are you experiencing any of the following associated symptoms: Pins & needles, tingling, numbness, muscle twitching? Y/N, If so, please explain:

\_\_\_\_\_

Please indicate which activities relieve (R) or aggravate (A) your condition:

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Supine or Side-lying \_\_\_\_\_

Pushing \_\_\_\_\_ Pulling \_\_\_\_\_ Lifting \_\_\_\_\_ lbs. Gripping \_\_\_\_\_, Coughing/Sneezing \_\_\_\_\_

Bowel movements \_\_\_\_\_ Mental activities \_\_\_\_\_ Bright Lights \_\_\_\_\_, Hot or cold \_\_\_\_\_

Medications \_\_\_\_\_ please list: \_\_\_\_\_

Other: \_\_\_\_\_

Are you currently receiving any other care/treatments for this condition, ie: chiropractor, acupuncture, etc.?

\_\_\_\_\_

What are your goals?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Complaint #2:** When did you first notice this condition? \_\_\_\_\_

Was the onset of symptoms immediate or gradual? \_\_\_\_\_

Are your symptoms constant or intermittent? \_\_\_\_\_

Is this condition worsening, improving, or unchanging? \_\_\_\_\_

Are your symptoms severe, moderate or mild? \_\_\_\_\_

Is your pain dull, sharp, burning, aching, knife-like, throbbing? \_\_\_\_\_

Are you experiencing any of the following associated symptoms: Pins & needles, tingling, numbness, muscle twitching? Y/N, If so, please explain:

\_\_\_\_\_

Please indicate which activities relieve (R) or aggravate (A) your condition:

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Supine or Side-lying \_\_\_\_\_

Pushing \_\_\_\_\_ Pulling \_\_\_\_\_ Lifting \_\_\_\_\_ lbs. Gripping \_\_\_\_\_ Coughing/Sneezing \_\_\_\_\_

Bowel movements \_\_\_\_\_ Mental activities \_\_\_\_\_ Bright Lights \_\_\_\_\_ Hot or cold \_\_\_\_\_

Medications \_\_\_\_\_ please list: \_\_\_\_\_

Other: \_\_\_\_\_

Are you currently receiving any other care/treatments for this condition, ie: chiropractor, acupuncture, etc.?

\_\_\_\_\_

What are your goals?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Complaint #3:** When did you first notice this condition? \_\_\_\_\_

Was the onset of symptoms immediate or gradual? \_\_\_\_\_

Are your symptoms constant or intermittent? \_\_\_\_\_

Is this condition worsening, improving, or unchanging? \_\_\_\_\_

Are your symptoms severe, moderate or mild? \_\_\_\_\_

Is your pain dull, sharp, burning, aching, knife-like, throbbing? \_\_\_\_\_

Are you experiencing any of the following associated symptoms: Pins & needles, tingling, numbness, muscle twitching? Y/N, If so, please explain:

\_\_\_\_\_

Please indicate which activities relieve (R) or aggravate (A) your condition:

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Supine or Side-lying \_\_\_\_\_

Pushing \_\_\_\_\_ Pulling \_\_\_\_\_ Lifting \_\_\_\_\_ lbs. Gripping \_\_\_\_\_, Coughing/Sneezing \_\_\_\_\_

Bowel movements \_\_\_\_\_ Mental activities \_\_\_\_\_ Bright Lights \_\_\_\_\_, Hot or cold \_\_\_\_\_

Medications \_\_\_\_\_ please list: \_\_\_\_\_

Other: \_\_\_\_\_

Are you currently receiving any other care/treatments for this condition, ie: chiropractor, acupuncture, etc.?

\_\_\_\_\_

What are your goals?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**CHECK any of the following conditions you have HAD**

**CIRCLE anything you HAVE**

- Mental disorders     Diabetes     Pneumonia     Infective Disease  
 Epilepsy     Anemia     Tuberculosis     Fungal Infection  
 Tumors     Glaucoma     Hepatitis     Herpes  
 Alcoholism     Heart Disease     Arthritis     Drug Addiction  
 Cancer     Parasites  
 Thyroid Disease     Autoimmune Disease

**NERVOUS SYSTEM**

- Depression  
 Memory Loss/Confusion  
 Dizziness  
 Fainting  
 Convulsions  
 Numbness  
 Weakness  
 Poor Balance/Coordination  
 Twitches/Tremor  
 Cold/Tingling Extremities  
 Sleeping Difficulties  
 Headaches

**EENT**

- Vision Problems
- Flashing Lights
- Black Spots
- Blurriness
- Hearing Loss
- Ringing in the Ears
- Swallowing Difficulty

**CARDIOVASCULAR**

- Chest Pain
- Irregular Heartbeat
- High Blood Pressure
- Shortness of Breath
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling

**GASTROINTESTINAL**

- Digestive Problems
- Abdominal Cramping
- Gas/Bloating After Meals
- Heartburn
- Weight Problems
- Frequent Diarrhea
- Frequent Constipation

**GENITO-URINARY**

\_\_\_Bladder Trouble: Urgency, Leaking, Incontinence

\_\_\_Painful Urination

**MUSCULOSKELETAL**

\_\_\_Jaw Pain

\_\_\_Difficulty Chewing

\_\_\_Face Pain

\_\_\_Neck Pain

\_\_\_Arm/Elbow Pain

\_\_\_Wrist/Hand Pain

\_\_\_Mid-Back Pain

\_\_\_Low-Back Pain

\_\_\_Thigh/Knee Pain

\_\_\_Ankle/Foot Pain

\_\_\_Difficulty Walking

\_\_\_Leg/Arm Fatigue

Do you walk with an assistive device? Y/N, If so, what do you use and when?

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Have you fallen in the last year? Y/N, If so, please state the number of falls in the last year and approximately when they were and why you fell.

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Do you have stairs in your home (including indoors and outdoors)? Y/N, If so, how many stairs are there? \_\_\_\_\_

